

Lancaster University HE Ready Retreat 2022

Sunday 10th to Tuesday 12th April, Lancaster campus

We're excited for you to join us for the HE Ready Residential event, if you have any questions in advance please let us know via email or during the residential on our event contact number: 07773098120

Sunday 10 th April	
1400	Coach from Lancaster train station to campus
1415-1445	Arrivals and Registration <i>Welcome Centre</i>
1500-1530	Introduction and Welcome Talk
1530-1700	Team building activities
1700-1830	Move into accommodation and Free Time
1830-1930	Evening Meal
1930-2130	Evening Activity – Task Master
Monday 11 th April	
0730-0900	Breakfast
0930	Registration
1000-1200	Introduction to Research Skills & Library Tour
1200-1300	Study/Free Time
1300-1400	Lunch
1400-1500	Student Finance and Part-time Jobs Workshop
1500-1630	Cooking Demonstration & Competition
1630-1800	Free Time
1800-1900	Evening Meal
1900-2130	Evening Activity - Bowling
Tuesday 12 th April	
0730-0900	Breakfast
0930-1000	Introduction to Lancaster Success Programme
1000-1130	Interactive Session on Student Life/Support
1130-1200	Collect Packed Lunch and Luggage
1200	Departures <i>Welcome Centre</i>

Residential contact number - 07773098120



COVID19

We are following the latest guidance from the government in relation to COVID19, whilst there is no legal requirement to wear a facemask indoors we encourage you to wear one in crowded places where you cannot social distance. We'll have masks and sanitiser available and the university continue to follow enhanced cleaning routines.

Travel & Arrival Information

Train

Arrival at Lancaster – We will collect you from the train station on the Sunday afternoon at 2pm. Our staff or ambassadors in red hoodies will meet you at the station to transport you to campus. If you experience train disruption and are likely to arrive at a different time or can't find us please let us know by calling/texting us on 07773098120.

Return to station – A coach will be available to return you at the end of the event on Tuesday and you will arrive at the station about 12.30pm.

Car

If you are travelling to the event by car please use the postcode LA1 4YW and head for Bowland Avenue and the Welcome Centre at arrive for around 2.15-2.30pm. Our ambassadors will be on hand to greet you. Parking is free all day on a Sunday on campus.

Departures on Tuesday will take place from the same location from 12pm.

Overnight Stays

Your accommodation will be provided in our student accommodation rooms on site. These are individual en-suite rooms with lockable doors. You will be in a flat with other members of the programme and also have nominated student ambassadors in the flat overnight. You will be shown to your room and we have a range of activities in the evening as shown in the timetable. A towel and bedding are provided in the room for you.

Food/Dietary and Accessibility

All dietary requirements we have been informed of in advance have been passed to our catering team and will be provided for during the residential. Please ensure you make the catering staff aware of your requirements when serving to ensure you get the right food. Of note all meals served during the event will be halal.

We have noted all medical and accessibility needs and these are held in confidence by our staff. If you have any issues please let a member of staff or ambassador know and we will do what we can to make things as comfortable as possible for you. We will have a safe space/quiet room available if you get overloaded and need to take a break.

Questions or Concerns

If you have any questions please email us or on the day let us know on 07773098120.

Lancaster Campus

