| Disability or Health Condition | Source | Topic | Link |
| --- | --- | --- | --- |
| ADHD  Autism  Dyslexia, Dyspraxia, Dyscalculia, Dysgraphia  Neurodiversity  Tourette Syndrome | AGCAS | Reasonable Adjustments - Neurodiversity | <https://www.agcas.org.uk/write/MediaUploads/Resources/Disability%20TG/Reasonable_Adjustments_-_Neurodiversity.pdf> |
| Allergies  Anaphylaxis | Anaphylaxis UK | Managing Allergies at work | <https://www.anaphylaxis.org.uk/living-with-serious-allergies/allergens-in-the-workplace/> |
| Anxiety  Depression  Mental Health | ACAS | Supporting Mental Health at Work | <https://www.acas.org.uk/supporting-mental-health-workplace> |
| Anxiety  Depression  Mental Health | Rethink Mental Illness | What's reasonable at work? A guide to rights at work for people living with mental illness | <https://www.rethink.org/advice-and-information/living-with-mental-illness/wellbeing-physical-health/whats-reasonable-at-work-a-guide-to-rights-at-work-for-people-living-with-mental-illness/> |
| Autism | Autism.org.uk | Top autism tips: employment - reasonable adjustments | <https://www.autism.org.uk/advice-and-guidance/professional-practice/employment-adjustments-tips> |
| Blindness  Visual impairment | RNIB | Employment and Equality | <https://www.rnib.org.uk/living-with-sight-loss/equality-and-employment/> |
| Borderline Personality Disorder (BPD)  Emotionally Unstable Personality Disorder (EUPD) | Careers with Disabilities | BPD/EUPD at Work | <https://www.careerswithdisabilities.com/disability-advice-hub/emotionally-unstable-personality-disorder/> |
| Cancer | Breast Cancer Now | Work and Breast Cancer | <https://breastcancernow.org/information-support/facing-breast-cancer/living-beyond-breast-cancer/life-after-breast-cancer-treatment/work-breast-cancer> |
| Cancer | Macmillan | Reasonable Adjustments for Cancer at work | <https://www.macmillan.org.uk/cancer-information-and-support/impacts-of-cancer/work-and-cancer/reasonable-adjustments> |
| Cancer | Young Lives vs Cancer | Reasonable Adjustments at Work | <https://www.younglivesvscancer.org.uk/life-with-cancer/i-have-cancer/work/reasonable-adjustments-at-work/> |
| Chronic Fatigue Syndrome (CFS)  Myalgic Encephalomyelitis (ME)  Post Viral Fatigue Syndrome (PVFS) | Life of Pippa | Working with ME/CFS – Examples of Workplace Adjustments | <https://www.lifeofpippa.co.uk/2021/03/29/working-with-me-cfs-examples-of-workplace-adjustments/> |
| Chronic Fatigue Syndrome (CFS)  Myalgic Encephalomyelitis (ME)  Post Viral Fatigue Syndrome (PVFS) | Action for ME | M.E. and work | <https://www.actionforme.org.uk/uploads/me-and-work.pdf> |
| Chronic Pain  Neurological Pain | Business Disability Forum | Factsheet of Chronic Pain | <https://businessdisabilityforum.org.uk/knowledge-hub/resources/factsheet-chronic-pain/> |
| Crohn’s Disease  Inflammatory Bowel Disease  Ulcerative Colitis | Business Disability Forum | IBD Factsheet | <https://businessdisabilityforum.org.uk/knowledge-hub/resources/factsheet-inflammatory-bowel-disease/> |
| Cystic Fibrosis | Cystic Fibrosis Trust | Employment Factsheet | <https://www.cysticfibrosis.org.uk/sites/default/files/2021-02/Employment%20factsheet%20Jan%202021.pdf> |
| Deafness  Hearing Impairment  Hearing Loss | RNID | Supporting deaf staff and staff with hearing loss | <https://rnid.org.uk/information-and-support/work-job-employment/supporting-deaf-employees-staff-hearing-loss/> |
| Deafness  Hearing Impairment  Hearing Loss | RNID | Make your virtual meetings deaf aware | <https://rnid.org.uk/wp-content/uploads/2022/04/A201039_MakeyourmeetingsdeafawarePDF-tips-APRIL2022_03.pdf> |
| Diabetes | Diabetes UK | Supporting someone with diabetes at work | <https://www.diabetes.org.uk/guide-to-diabetes/life-with-diabetes/employment/employers> |
| Dyslexia | British Dyslexia Association | How can I support my dyslexic employees? | <https://www.bdadyslexia.org.uk/advice/employers/how-can-i-support-my-dyslexic-employees/reasonable-adjustments-in-the-workplace> |
| Eczema  Psoriasis | Psoriasis Association | Employment and Work | <https://www.psoriasis-association.org.uk/media/InformationSheets/Employment_Issues.pdf> |
| Eczema  Psoriasis | National Eczema Society | Managing Eczema at Work | <https://eczema.org/information-and-advice/living-with-eczema/eczema-at-work/> |
| Eczema  Psoriasis | National Psoriasis Foundation | Psoriasis In the Workplace | <https://www.psoriasis.org/in-the-workplace/> |
| Endometriosis | Endometriosis UK | Endometriosis: An employee’s guide to rights at work | <https://www.endometriosis-uk.org/sites/default/files/files/Endometriosis_employee%20guide%20to%20rights%20at%20work_final%20April%202021_0.pdf> |
| Epilepsy | Epilepsy Society | Information for Employers | <https://epilepsysociety.org.uk/living-epilepsy/work-employment-and-epilepsy/information-employers> |
| Gender Reassignment | HR Solutions | Managing Gender Reassignment | <https://www.hrsolutions-uk.com/insights/news-managing-gender-reassignment/> |
| General | Gov.uk | Equality Act 2010 Guidance | <https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/570382/Equality_Act_2010-disability_definition.pdf> |
| General | Careers with Disabilities | Support for disabled people and Guidance for Employers | <https://www.careerswithdisabilities.com/> |
| General | ACAS | Reasonable Adjustments at Work | <https://www.acas.org.uk/reasonable-adjustments> |
| General | Prospect | Reasonable Adjustments: Examples | <https://prospect.org.uk/article/reasonable-adjustments-examples/> |
| General | EHRC | In employment: Workplace adjustments | <https://www.equalityhumanrights.com/en/multipage-guide/employment-workplace-adjustments> |
| General | Business Disability Forum | Condition and Disability Specific Factsheets | <https://businessdisabilityforum.org.uk/knowledge-hub/resource/category/condition-and-disability-specific/> |
| Hidden Disabilities  Invisible Disabilities  Non-Visible Disabilities | Careers with Disabilities | Supporting Employees with Non-Visible Disabilities | <https://www.careerswithdisabilities.com/employers/non-visible-disabilities/> |
| HIV/AIDS | NAT | Advice for Employers | <https://www.nat.org.uk/sites/default/files/publications/Jul_2012_HIV%40Work_Advice_for_employers_0.pdf> |
| Lupus | Lupus UK | Lupus and Work | <https://www.lupusuk.org.uk/lupus-and-work/> |
| Menopause  Perimenopause  Postmenopause | ACAS | Menopause at Work | <https://www.acas.org.uk/menopause-at-work> |
| Menopause  Perimenopause  Postmenopause | CIPD | A guide to managing menopause at work | <https://www.cipd.co.uk/Images/line-manager-guide-to-menopause_tcm18-95174.pdf> |
| Migraines | Migraine Trust | Help at Work toolkit | <https://migrainetrust.org/wp-content/uploads/2021/04/Migraine_Help-at-work-toolkit.pdf> |
| Multiple Sclerosis | MS Society | Information for Employers | <https://www.mssociety.org.uk/care-and-support/everyday-living/working-and-ms/information-for-employers> |
| PTSD | PTSD UK | Information for employers – PTSD UK | <https://www.ptsduk.org/friends-family/information-for-employers/> |
| Stammering  Stuttering | Stamma | 19 reasonable adjustments for people who stammer | <https://stamma.org/sites/default/files/2019-06/19%20Reasonable%20Adjustments%20at%20work.pdf> |
| Stammering  Stuttering | Stammering Law | Examples of reasonable adjustments: In the job | <https://www.stammeringlaw.org.uk/employment/reasonable-adjustments-employment/examples-reasonable-adjustments-in-job/> |
| Tourette Syndrome | Tourettes Action | Information for professionals supporting people with TS | <https://www.tourettes-action.org.uk/60-professionals.html> |
| Visible Disabilities | Careers with Disabilities | Supporting Employees with Visible Disabilities | <https://www.careerswithdisabilities.com/employers/visible-disabilities/> |

**Do you have another useful resource to add to this list? Contact us directly at** [**edi@lancaster.ac.uk.**](mailto:edi@lancaster.ac.uk)