



EMOTION FLASH CARDS

This activity utilises a set of cards each depicting cartoon character faces with different emotions. The cards can be used in parent workshops or courses whilst carrying out individual, paired or group work. Alternatively the cards can be arranged to make a worksheet.

MATERIALS & METHOD	TARGET GROUP	ADVANTAGES / DISADVANTAGES
<p>Making up the Emotion cards: Print off the faces illustrated on the following pages onto card. Cut out the images to form a set of cards, spare circles for participants to create their own. For extra durability you can laminate the cards. Alternatively the faces can be reduced in size and put onto one sheet to form a worksheet of emotions that parents can circle to highlight their feelings.</p> <p>Method: This is a highly adaptable activity that can be used in the following ways:</p> <ol style="list-style-type: none"> 1. As an icebreaker activity where parents can select a flash card identifying how they feel about their child progressing onto Higher Education or how they think their child feels about progressing onto HE. 2. Within a group work activity the cards can be used to help parents identify how they feel about a given issue or question e.g. finance and higher education. 3. As an evaluative tool for parents to highlight at the end of the workshop about their feelings and awareness of Higher Education. 	<p>Suitable for: All ages and backgrounds</p>	<p>Advantages: It does not discriminate against people with poor literacy skills or those parents who do not have English as their first language. It can be a different way of opening up discussion that does not rely on factual knowledge but which acknowledges how parents might be feeling.</p> <p>Disadvantages: Does not give an in-depth idea to parents' feelings or questions, unless there are plenty of staff / student ambassadors to talk to parents about their feelings. For additional feedback this method can be coupled with a group discussion or, if you are working with families with good literacy skills, written feedback could also be used.</p>



SUSPICIOUS



CONFIDENT



HOT



RELIEVED



PUZZLED



SURPRISED



INTERESTED



CURIOUS



OPTIMISTIC



DETERMINED



BORED



FRUSTRATED



UNDECIDED



DISAPPOINTED



CAUTIOUS



CONFIDENT



JEALOUS



DISBELIEVING



INDIFFERENT



REGRETFUL








