

SPORT Lancaster Climbing Class Timetable

Please note that class times may vary. Booking in advance is advised by calling Reception 01524 510600 or, using the Sport Lancaster [online booking system](#).

Monday		
Time	Exercise Class	Location
11:00-11:45	Try A Climb	Climbing Wall
12:15-13:00	Climbing Workshops (Topic Varies)	Climbing Wall
16:00-16:45	Try A Climb	Climbing Wall
20:00-21:30	Climbing Beginners	Climbing Wall
Tuesday		
Time	Exercise Class	Location
09:00-10:30	Climbing Beginners	Climbing Wall
11:00-11:45	Try A Climb	Climbing Wall
16:00-16:45	Try A Climb	Climbing Wall
Wednesday		
Time	Exercise Class	Location
11:00-11:45	Try A Climb	Climbing Wall
12:15-13:00	Climbing Workshops (Topic Varies)	Climbing Wall
20:00-21:30	Climbing Beginners	Climbing Wall
Thursday		
Time	Exercise Class	Location
09:00-10:30	Climbing Beginners	Climbing Wall
11:00-11:45	Try A Climb	Climbing Wall
16:00-16:45	Try A Climb	Climbing Wall
Friday		
Time	Exercise Class	Location
11:00-11:45	Try A Climb	Climbing Wall
16:00-16:45	Try A Climb	Climbing Wall
17:15-18:00	Climbing Workshops (Topic Varies)	Climbing Wall
20:00-21:30	Climbing Beginners	Climbing Wall
Saturday		
Time	Exercise Class	Location
09:15-10:00	Climbing Workshops (Topic Varies)	Climbing Wall
12:30-13:30	Family Climb Time	Climbing Wall
14:00-14:45	Try A Climb	Climbing Wall
16:00-17:30	Climbing Beginners	Climbing Wall
Sunday		
Time	Exercise Class	Location
10:00-11:30	Climbing Beginners	Climbing Wall
12:30-13:30	Family Climb Time	Climbing Wall
14:00-14:45	Try A Climb	Climbing Wall